Who is our TALA Practitioner?

The TALA Practitioner at

Chalk Ridge Primary School is:

Mrs McDermott

Please feel free to contact Mrs McDermott or your child’s teacher if you have any questions.

Chalk Ridge Primary School

Tel: 01256 461733

What is TALA?

A TALA Practitioner is a specifically trained member of staff who can offer a young person a safe and Supportive environment to talk about difficult issues in confidence. They listen to a young person’s view, experiences and feeling without judgement. This work is carried out in an atmosphere of respect and empathy, based on a secure and trusting working relationship.



TALA

Therapeutic

Active

Listening

Assistant

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Instant answers for Parents

Young people are often under stress, whether it is to do with conflict within themselves or issues with home or school. TALA aims to have a positive impact on the thoughts and feelings of young people. The role of our TALA Practitioner is to provide support for children who may be experiencing difficulties within their life.



What happens in a TALA Session?

Sessions are confidential and offer the child an opportunity to talk about things that are of a concern to them.

Typical TALA work takes place over 6-8 weekly sessions, although they can take longer if needed.

They are on a one to one basis and child led, often involving play based materials or activities.

How can TALA help my child?

TALA offers a safe place to talk and enables the child to:

Explore and deal with painful, emotional issues.

Look at things differently.

Cope better with issues, concerns and situations.

Achieve some level of understanding with regard to thoughts, emotions and behaviours.

Feel better about themselves.

Change behaviours which have negative consequences.

Maximise the opportunity to reach their full potential.