What is an ELSA?

An ELSA is a specialist teaching assistant with a wealth of experience of working with children who are showing a range of emotional or social difficulties. ELSAs are trained by Educational Psychologists to help your child feel happy in school and reach their potential emotionally. Their aim is to help remove the barriers to learning and to have a settled child in school and home.



Who is our ELSA ?

The ELSA at Chalk Ridge Primary School is:

Mrs McDermott

Please feel free to contact Mrs McDermott or your child’s teacher if you have any questions.

Chalk Ridge Primary School

Tel: 01256 461733

ELSA

Emotional

Literacy

Support

Assistant



What happens in an ELSA session

Targets are set by the ELSA and Class teacher. The ELSA will then work with your child, either individually or in a small group using activities targeted to the child’s needs. All sessions are confidential and offer the child a safe place to talk.

Typical ELSA work takes place over 6-8 weekly sessions and may include a range of activities such as games, puppets, making something, talking and listening, role play etc.

These activities are designed to motivate and encourage your child to use strategies which can be used both in school and at home.

ELSAs can help with..

Self-esteem

Social Skills

Emotions

Friendship Skills

Relationships

Anger Management

Anxiety

Behaviour

Conflict

Loss and Bereavement

Building Resilience

Instant Answers for Parents

ELSA work involves the identification of specific emotional literacy targets which the pupil works towards, guided by the ELSA through a carefully planned programme of support.

